



# DISCUSSION GUIDE

June 7/10, 2018

Rooted Check Point #2

**BIG IDEA: How to have a life-giving summer.**

## GROUPS VISION

We believe life transformation happens when we engage with other people, with Jesus as our focus, and take next steps together. A next step is where we Ask, Listen, and Respond to take any action that advances our journey with Jesus.

**My Story.** An encounter with Jesus leaves a story to tell. Share yours at [valleycreek.org/MyStory](http://valleycreek.org/MyStory).  
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## KEY VERSE

**So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.**

**Colossians 2:6-7**

## POTENTIAL NEXT STEP

Nothing else will have a greater impact on your future than being rooted in Jesus. Determine what you will do **today** to start or continue strengthening your five roots. How you finish is what matters. (Matthew 21:28-31)

## MAIN POINTS & SCRIPTURES

How to have a life-giving summer.

1. **Be present and enjoy.** God has forgiven our past and will take care of our future, which means we can enjoy being in the present. (Matthew 6:25-27)
2. **Give yourself permission to rest.** Summer is a picture of the kingdom of God, vibrant and full of life. It is Jesus who holds our lives together, not us, so we can rest on what He has done for us, not what we have to do. (Matthew 11:28-30)
3. **Invest into your relationships.** (Mark 12:30-31) Summer opens up a unique opportunity to invest into relationships. Don't take these relationships for granted; spend time with them and encourage them by saying those life-giving things we seem to be too busy or apathetic to say.
4. **Continue to get rooted in Jesus.** There is nothing better than resting on, receiving from, and trusting in Jesus. (Colossians 2:6-7) **When we get rooted in these five areas, we flourish in life. Engage the Scriptures – they change us from the inside out and we discover who Jesus is. Talk with God – prayer is a lifestyle of conversations with God. Invest in Godly Relationships – someone in this church family who is journeying with you to talk about, learn about, and become like Jesus together. Meet the Needs You See – servant is who we are, not what we do. Invest Your Time – it takes spending our time wisely to be rooted in Jesus.**

Humility is the beginning of breakthrough. It's healthy to stop throughout our journey with Jesus and gauge how we are doing. Checking the condition of our heart is a great way to start the gauging process. Jesus is the word, or seed, that gets scattered throughout our heart. (Mark 4:1-20) The condition of our heart soil determines the depth we allow Jesus to become rooted into our lives. Here are four heart conditions and a next step for each:

- a. **The hard heart.** The hurts, pains, and disappointments of life can harden our heart. **Talk with God – ask Him to soften your heart and give you a desire for Him (Hosea 10:12)**
- b. **The distracted heart.** It's hard to persevere on your own. **Build Godly Relationships – find a godly friend to hold you accountable for getting rooted every week. (Hebrews 12:1)**
- c. **The divided heart.** Things in our life can keep us from getting rooted. **Invest Your Time – determine one thing to prune from your life to make time for getting rooted. (John 15:1-2)**
- d. **The healthy heart.** Fruit produced in our lives is meant to be shared. **Meet the Needs You See – meet a practical need of someone in your life. (Proverbs 4:23)**

## DISCUSSION

1. Which of the four points of having a life-giving summer comes easily for you? Which needs some improvement? (See points #1-4)
2. Which of the four heart soils from Mark 4 most resembles your current heart condition? What next step will you take in that area?
3. **What is your next step? What is the Holy Spirit saying to you?**