



CONTAINER OF HOPE

NOVEMBER 16-20 | 6PM-8PM

NOVEMBER 21 | 9AM-12PM

YOUR LOCAL VALLEY CREEK CAMPUS



SCAN TO LEARN MORE

APPROVED SHOPPING LIST

- ☐ Canned Beans
(12oz, zero sugar)
- ☐ Canned Meat
(chicken, tuna, turkey, vienna sausage)
- ☐ Canned Fruit
- ☐ Canned Soups
(not broth)
- ☐ Canned Tuna
- ☐ Canned Vegetables
(corn, beans, tomatoes, sweet potatoes)
- ☐ Cereal
- ☐ Granola Bars
- ☐ Gravy
- ☐ Instant Oatmeal
- ☐ Instant Potatoes
- ☐ Mac & Cheese
- ☐ Pasta
- ☐ Pasta Sauce
- ☐ Peanut Butter & Jelly
- ☐ Ramen Noodles
- ☐ Rice

Please avoid any glass containers