

MONTH ONE

TRAINING PLAN TRACKER

MEMORIZE SCRIPTURE

- Memorize Psalms 23:1-6

_____ *Student Initials*

_____ *Coach Initials*

ENGAGE READING PLAN

- Engage in the Valley Creek Reading Plan
 - » Middle school: at least three times each week
 - » High school: at least five times each week



**SCAN HERE TO SEE
TODAY'S CHAPTER**

_____ *Student Initials*

_____ *Coach Initials*

CARRY HOPE

- Invite someone who usually doesn't go to Valley Creek to attend Student Circles or MVMNT Night with you.

_____ *Student Initials*

_____ *Coach Initials*