

**BIG IDEA:** The giants in your life are big, but Jesus is bigger.

## SUMMARY

The promises of God are found in His Word, the Bible. His promises are everything we can have through the finished work of Jesus. God's Word exposes truth and truth is designed to set us free. We seek answers in the world for our giants; answers for the reality of life that we are seeking freedom and victory over. But, we can't solve spiritual problems with worldly answers. We need Jesus to be at the center. If Jesus is not at the center of our plan to face our giant, we will never find victory.

## KEY POINTS

### CONFESSION IS THE BEGINNING OF HEALING

- "A giant in your life means there is an opportunity for you to have victory." (1 Peter 4:12)
- "Your life is littered with fallen giants."
- "Don't let a giant hide your future. Just because he hasn't fallen doesn't mean he won't."

Take a moment and share with your group a giant in your life that has fallen. What truth did you hold on to then?

### LESSON #4: DISCOVER AND HOLD ON TO THE PROMISES OF GOD

- "Arm yourself with the Word of God." (Ephesians 6:17)
- "Every giant killer loved the Word of God." (Psalm 119:116)
- "When we don't know what God has said, we won't experience the freedom He's already given to us in Jesus' name." (John 8:32)
- "One whisper from God can silence a thousand roaring giants."

Where in your life do you need to discover and hold on to the promises of God instead of the giants' roar?

### PREPARING FOR BATTLE

- "You have to pick up the sword if you want to face your giants." (2 Timothy 3:16-17)
- "God's Word is living and active." (Hebrews 4:12)
- "The Word of God is about Jesus, not you, and it's arming you to deal with the giants in your life."
- "If Jesus needed the Word of God to defeat His giants, how much more do we need it?" (Matthew 4:4)
- "Knock down the lie and hold on to truth." (John 8:32)
- "Refusing to discover the promises of God is choosing to stay in bondage." (Hosea 4:6)
- "We like the Word of God but we aren't sure we love it." (Psalm 119:47, 97, 102, 105, 165)
- "Maybe if we spent more time studying the Word of God, we would spend less time on the battlefield."
- "Stop feeding your giant and start defeating your giant."

What truth do you need to discover and hold on to as you face your giant?

### TAKEAWAY:

- Every night this week, take one promise of God and reflect on it as you fall asleep.

### OTHER SCRIPTURE REFERENCES:

Romans 8:37, Joshua 1:8, Psalm 16:5-6

**FACING MY GIANT**

<b>ANXIETY</b> JOHN 14:27	<b>FEAR</b> ISAIAH 41:10	<b>LONELINESS</b> HEBREWS 13:5
<b>DEPRESSION</b> ROMANS 15:13	<b>SHAME</b> ROMANS 8:1	<b>SICKNESS</b> PSALM 147:3
<b>INSECURITY</b> 1 JOHN 3:1	<b>DOUBT</b> HEBREWS 12:2	<b>ADDICTION</b> GALATIANS 5:1

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