

BIG IDEA

There are no blind spots beyond the healing touch of Jesus.

KEY VERSE: God is light; in Him there is no darkness at all. (1 John 1:5)

SUMMARY

When we stop focusing on the brokenness in others and start taking responsibility for our own brokenness, we enable Jesus to change our lives. There is no blind spot beyond the grace of Jesus. He exposes them with grace and love. Our unwillingness to deal with blind spots leads to an inability to move forward in life. If we can't see what is, we can't see what can be. We get rid of the blind spots in our life by listening to healthy, godly people, confessing and repenting, choosing to grow, and looking to Jesus. As we do this, we allow light to overcome darkness.

KEY POINTS

1. Listen to what healthy, godly people say your blind spots are. A friend tells you what you need to hear, not what you want to hear (**Proverbs 27:6**). We need trusted people to love us enough to wound us (tell us the hard truth) so that we can be healed. The alternative is to stay in darkness. We need each other to remove our blind spots. Often times our blind spots are pointed out by people God has sent that we don't want to hear from. Don't reject the freedom (the message), because we judge the messenger (**Acts 9:17-18**). Instead, let's humble ourselves to listen and start the healing process.

Who are your healthy, godly friends? How have you responded when they've shared a blind spot with you?

2. Confess and repent. Confession is agreement with God and replacing our truth with God's truth. Repentance means to change the way we think. When we agree with God, we align with God, and when we align with God we come under the authority of God. Under the authority of God of light, our life becomes full of light. It's God's kindness that leads us to repentance (**Romans 2:4**). A healthy and humble heart confesses and repents.

Where have you experienced the kindness of God that led you to change the way you think and live?

3. Choose to grow. When we realize we have a blind spot, we can make a decision to own it, we can start to grow, and we can experience break through. Every blind spot in our life is an area under the influence of the kingdom of darkness. When we bring it out of the darkness and into the light, we can be under the influence of the light (**1 John 1:5**). When we are right at the cusp of a break through, we often turn around and choose to head back into darkness.

Describe a time when you experienced break through by choosing to grow versus living with a blind spot?

4. Look to Jesus. When we become aware of a blind spot, we can choose not to focus on it and choose to focus on Jesus. We don't try harder, we trust more. As we look at Jesus, we are transformed and changed (**2 Corinthians 3:18**). Jesus is the light of the world and with every step we take with Him, more and more darkness gets driven out of our life. Inviting light into our lives exposes the blind spots.

Where in your life do you need to shift your focus from a blind spot to Jesus?

Other Scriptures (Hosea 4:6, Matthew 7:3-5, Luke 6:42, Luke 4:18, Galatians 6:1, 1 John 1:9, 2 Corinthians 7:10, Luke 6:46, John 8:12, Titus 2:11-12, Mark 8:25, John 1:4)