



DISCUSSION GUIDE

July 26/29, 2018

Who Am I?

BIG IDEA: Who am I when I feel insecure?

GROUPS VISION

We believe life transformation happens when we engage with other people, with Jesus as our focus, and take next steps together. A next step is where we Ask, Listen, and Respond to take any action that advances our journey with Jesus.

My Story An encounter with Jesus leaves a story to tell. Share yours at valleycreek.org/MyStory.

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KEY VERSE

But Moses said to God, "Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?" And God said, "I will be with you. And this will be the sign to you that it is I who have sent you: When you have brought the people out of Egypt, you will worship God on this mountain." Exodus 3:11-12

POTENTIAL NEXT STEP

This week, make time to focus on what God says about you and speak out Exodus 3:12 over your life. And God said, "I will be with you..."

MAIN POINTS & SCRIPTURES

Insecurity tears at our identity and keeps us from experiencing the quality of life God created us to enjoy. God offers a security, an identity, and an understanding of who we are in Christ that no circumstance, pain, mistake, or adversity can take away from us. Before God does something through us, He enables us to see ourselves differently; the way He sees us. Looking at the life of Moses, here are some ways we can live more securely in Jesus: (Exodus 3:10-14)

1. **Don't put your security in anything that can't sustain it.** The thing we find the most identity in, is the place where we are the most vulnerable to insecurity. (Exodus 4:10-13) Many of the things we find our security in don't have the power to sustain us. They can be good things like our recovery, our degrees, jobs, or a new life. Sometimes, we find our identity in the things we've endured: our pain, mistakes, or experiences. But all these things can be shaken, and we are called to put our identity in the things that can't be shaken. God, at times, strips us of all external things we find our identity in until all we have left is Him.
2. **Lean into your weakness to leverage more of God's strength.** Our weakness shouldn't make us feel bad, it should remind us of our need for God. (2 Corinthians 12:9) He knows our limitations, and He still chooses to include us in His purpose – that should fill us with hope. Weakness isn't always a liability. It can be a great gift when we reach the end of our strength and realize how badly we need God. So, don't hide weaknesses, lean into them.
3. **Submit your self-talk and thoughts to the truth of God's Word.** Unhealthy thoughts and words will make us miserable and sick. The impact of stress, anxiety, and worry deplete us. Insecurity makes us constantly wonder what people are thinking. It hinders our communication, making us say things we don't mean and avoid things we really want to say. Choose to focus on the truth that God speaks over us.
4. **Focus more on what God's doing in you than what others say or think about you.** The story of what God wanted to do through Moses wasn't about Moses; it was about God's purpose. There was a cause bigger than Moses and when he figured this out, God used him in a powerful way. God used Moses, and He will use us for His purposes. He does it all the time. Think about what God is doing at Valley Creek. All the next steps being taken, the people being baptized, the lives being transformed in Flower Mound, Denton, and Lewisville. That's what God is doing in us!

DISCUSSION

1. Where are you placing your security in things that can't sustain it and how is God inviting you to repent; change your thinking about where you draw your security from? (See point #1)
2. Where do you hide when you feel weak and how has Jesus met you in those places to restore your security and strength in Him? (See point #2)
3. When we are aware of Him, He shows us He is with us. Have you ever felt insecure in your next step only to see God prove to you that He was with you? Share what happened with the group.
4. **What is the Holy Spirit saying to you? What is your next step?**