



Group Discussion

Tips for using the Discussion Guide

Reflect on the Big Idea and points from the weekend message. Discuss the questions below in a small group setting. Use the personal reflection section to help you connect with God throughout the week.

Big Idea

Changing the way we think will change the way we live.

Questions

1. Strengthening yourself in the Lord is a lifestyle. Weakness is self-focused but strength is Jesus-focused. How have you been strengthened this past season? In what areas do you want Jesus to strengthen you next?
2. Read Exodus 15:25. The Cross of Jesus makes bitter things sweet. What does this mean to you? How has the finished work of the Cross changed your heart, your relationships, your life?
3. The moment you lose the wonder of your salvation you will be overwhelmed by the circumstances of this life. This happened to David. Read Psalm 51:12. How did David place his focus back onto the Lord? How can we?
4. Romans 12:2 encourages us to not conform to the pattern of this world, but be transformed by the renewing of our mind. Being transformed starts with believing what Jesus says and letting that radiate out of us. In what ways would you like Jesus to transform your mind? Is there anything especially hard for you to believe?
5. The word “repent” means to change your mind. We need our thinking to match our identity in Christ. If you believe you are still a sinner (identity statement) then you will sin by faith. If you believe you are righteous (identity statement) then you will live righteously. How do you need to change your mind regarding your identity?
6. Reprogramming our “loops” (wrong patterns of thinking) can be aided by engaging the Scriptures, hearing words of faith spoken over us, worshipping for ourselves, and spending time in groups. Which of these is your next step?

Personal Reflection

Scripture Readings

Exodus 15: 22-25 Matthew 4:17
Romans 8:32 Matthew 16:23
Psalm 51:12
Romans 12: 1-2
2 Corinthians 10:5
Romans 5:19
Proverbs 23:7

MEMORY VERSE

Romans 12:2

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is - his good, pleasing and perfect will.

What is your Next Step?

Do you have a story of life change to share? Email discussionguide@valleycreek.org